

London Borough of Islington
Health and Care Scrutiny Committee - Thursday, 14 December 2017

Minutes of the meeting of the Health and Care Scrutiny Committee held at Committee Room 4, Town Hall, Upper Street, N1 2UD on Thursday, 14 December 2017 at 7.30 pm.

Present: **Councillors:** Klute (Chair), Chowdhury, Heather, Turan (Vice-Chair) and Gallagher

Also Present: **Councillors** Janet Burgess

Co-opted Member Bob Dowd, Islington Healthwatch

Councillor Martin Klute in the Chair

54 INTRODUCTIONS (ITEM NO. 1)

The Chair introduced Members and officers to the meeting

55 APOLOGIES FOR ABSENCE (ITEM NO. 2)

Councillor Gallagher for lateness

56 DECLARATION OF SUBSTITUTE MEMBERS (ITEM NO. 3)

None

57 DECLARATIONS OF INTEREST (ITEM NO. 4)

None

58 ORDER OF BUSINESS (ITEM NO. 5)

The Chair stated that the order of business would be as per the agenda with the exception of agenda item B14- Drug and Alcohol update which would now be taken as the second item on the agenda that evening

59 CONFIRMATION OF MINUTES OF THE PREVIOUS MEETING (ITEM NO. 6)

RESOLVED:

That the minutes of the meeting of the Committee held on 12 October 2017 be confirmed as a correct record of the proceedings and the Chair be authorised to sign them

60 CHAIR'S REPORT (ITEM NO. 7)

None

61 PUBLIC QUESTIONS (ITEM NO. 8)

The Chair outlined the procedure for Public questions and filming and recording at meetings

62 HEALTH AND WELLBEING BOARD UPDATE - VERBAL (ITEM NO. 9)

Councillor Janet Burgess, Executive Member for Health and Adult Social Care, was present and updated the Committee on latest developments.

Councillor Burgess stated that the Barnsbury Medical Practice had recently received an inadequate rating from the CQC and had been placed in special measures.

63 SCRUTINY REVIEW - AIR QUALITY - WITNESS EVIDENCE - VERBAL (ITEM NO. 10)

Sam Longman, TfL and Martijn Cooijmans, Head of Economic Development and Transport Planning L.B. Islington were present and made presentations to Members, copies of which are interleaved.

During consideration of the presentations the following main points were made –

- The Mayor of London strategy sets out a strategy for London Transport to 2041
- Consultation has taken place and finished in October and the final strategy is due to be published in early 2018
- There are 3 key themes – Healthy Streets and Healthy People, A good Public Transport experience and New Homes and New Jobs
- By 2041 the aim is for 80% of Londoner's trips to be on foot, by cycle or using Public transport
- The London Plan consultation opened in November 2017 and closes in March 2018, and the relationship between land use, planning and transport is critical to sustainability and improving air quality. The principles of good growth include good access to public transport, high density mixed use developments, people choose to walk and cycle, car free and car lite places, inclusive accessible design, carbon free travel and efficient freight
- Air Pollution is one of the most significant challenges facing London, affecting the health of all Londoners. There are locations in every borough that exceed legal limits for NO₂
- The health impacts associated with air pollution fall disproportionately on the most vulnerable communities, affecting the poorest and those from ethnic minority groups more acutely
- The Mayor's clean action plan includes – emission surcharge (T-charge) in Central London from October 2017, introducing the ultra low emission zone sooner and expanding it, buses, national diesel scrappage scheme and encouraging the uptake of ultra low emission vehicles
- The T charge was launched on 23 October 2017 with the same boundary and times as the congestion charge and has similar exemptions to the congestion charge. There is a £10 surcharge on top of the congestion charge and the charge will apply to all Euro 4 vehicles (broadly equivalent to vehicles from 2005 and older), and is an important stepping stone towards the ultra low emission zone

- There has been a 30 per cent fall in the number of non compliant vehicles in the congestion charging zone since the announcement and around 1000 fewer vehicles per day and around 2000 vehicles per day pay charge
- There are discounts and exemptions in respect of some vehicles but these are very limited and in line with the existing low emission zone
- The impact of the proposals will be that in 2020 there will be a 21 per cent reduction in road transport NO₂ emissions in inner London, and 19 per cent in outer London. London wide a total reduction of 19%
- In 2021 the combined impact of the proposals would be a 31% reduction in road transport emissions in inner London, 28% in outer London and 28% London wide
- In 2025, the combined impact of the proposals is forecast to be a 24% reduction in road transport NO_x in inner London, 21% in outer London and 21% London wide. All reductions are compared to baseline i.e. Central London ULEZ only
- The changes in concentrations by 2021 will result generally in a 5/10 % reduction in concentration levels at roadside, but up to 20% in some locations and a 64% reduction in road km exceeding NO₂ limit values
- The impact on population exposure will mean over 100,000 fewer people living in areas exceeding legal NO₂ limits London wide in 2021, a 77% reduction London wide, 96% in outer London, and 71% fewer schools in areas exceeding legal limits in 2021
- Other measures include single decker buses in central London having to meet minimum Euro VI standard in 2019 and be all electric or hydrogen in 2020. Double decker buses in central London will need to be Euro VI hybrids by 2019 and there will be 12 Low Emission Bus Zones implemented tackling the worst pollution hotspots by concentrating cleaner buses on the dirtiest streets
- Only hybrid or zero emission double deck buses will be procured from 2018 and the Euro V refit programme will be expanded from over 800 to 4000 buses to achieve a Euro VI standard fleet by 2020
- TfL are using licensing to reduce emissions from the taxi and private hire fleets and to increase the number of vehicles operating with zero emissions. Both fleets will be entirely zero emission capable (ZEC) by 2033
- Other initiatives include ULEV delivery plan, go ultra low city scheme, local environment networks and neighbourhoods of the future, Lo City, car clubs, zero emission capable taxis, increasing rail capacity and improving quality, walking and cycling
- Bold action will be required to achieve 100% zero emission road transport and for the whole of the London fleet to be zero emission at tailpipe by 2050, ULEV's need to represent 100% of new vehicle sales by 2040 at the latest
- A London wide zero emission zone by 2050 would likely be required to drive full conversion and a slower transition of heavier vehicles as zero emission solutions are developed – this may require a significant intervention to achieve full transition
- Next steps – statutory consultation on the proposal to expand the ULEZ and change the LEZ standards runs until 28 February, and the publication of the final Mayors Transport Strategy and LES will be in 2018 with the Mayoral decision taking place in spring 2018 and then

further work will take place on developing what comes after the ULEZ e.g. Zero Emission Zones

- Challenges include Islington facing a reduction in TfL's budget and a recent cut in LIP funding, resulting in a loss of £100,000 from the Local Transport Fund and a £191,000 annual reduction. The LIP formula did not favour Islington as it is a small borough, however the Council were having discussions with TfL to review their decision
- Islington's core strategy is to reduce health inequalities, encourage active travel and have car free developments. This is currently under review
- The Streetbook supplementary planning document is shaping the public realm to promote active travel
- Islington's transport strategy is to reduce negative transport related health impacts, particularly noise and NOx and particulate emissions, reduce the number of road casualties, reduce the proportion of trips by car, and encourage active travel by creating a walking and cycling friendly environment. The transport strategy is currently under review
- The Council's response to the Mayors Transport Strategy (MTS) is to support the objective to have a zero carbon London by 2050, to request an interim target of diesel free London by 2025, request faster transition to cleaner taxis, and to request electrification of all rail lines in London
- In addition, the Council support the MTS objective to have a Vision Zero to eliminate road traffic casualties by 2041, to request a London wide 20mph speed limit as standard, and highlight the need for resources to achieve this
- The Council also support the reduction of travel volumes by supporting the Healthy Streets approach and considering a cellular system
- In terms of delivery to date the Council have delivered air quality improvements – emissions based parking charges for residents, diesel surcharge for residents, emission based pay and display parking charges and electric charging points. In addition, in terms of road traffic casualties there is a 20mph speed limit on borough roads, cycle training and driver training for fleet and HGV
- There has been a reduction in traffic growth, despite population growth, due to the car free policy, car clubs and school travel plans
- Delivery to date also includes the Archway Gyratory removal, the cycle infrastructure delivery and major scheme development at Old Street (construction starting in 2018), Highbury Corner where a decision is pending and Kings Cross second public consultation 2018
- Initiatives underway or shortly starting include – Air Quality – ZEN and LEN Archway and City Fringe, sensitive streets, Electric vehicle charging points. Also safer streets – gyratory removals, cycle infrastructure, cycle training, road safety education programme/school travel plans, traffic management/road safety programmes (LIP) and Healthy Streets – Old Street/Clerkenwell Healthy Streets, quietway between Farringdon and Finsbury Park, 12 play streets and cycle parking and secure bike hangers
- Next steps include a new transport strategy for Islington following the final Mayors Transport Strategy, which will include zero carbon/air quality, vision zero accident reduction, healthy streets approach – active travel, and further reductions in traffic volumes. In addition, in relation to

- air quality there will be an electric vehicles charging network roll out, car clubs electrification and increased take up, and reduction of emissions from Islington Council's vehicle fleet
- Major schemes include Clerkenwell Green, Old Street Roundabout, Highbury Corner, Kings Cross gyratory, Finsbury Park/Nags Head/Holloway Road and cycle network including Old Street/Clerkenwell Road
 - It was stated that exercise even in polluted areas is beneficial, and that being in a car results in high pollution rates for users especially in traffic congestion
 - Reference was made to the fact that there needed to be increased parking enforcement around schools to restrict pollution and the use of cars in 'school runs'
 - In response to a statement it was noted that the Council had no legal powers to take action against motorists who have idling engines and it really needed Government legislation to change to enforce action on this
 - It was stated that a new electric taxi has been designed

RESOLVED:

That the presentations be noted and the Committee be informed of what is taking place in terms of enforcement of parking/dropping off outside schools in Islington

The Chair thanked Sam Longman and Martijn Cooijmans for their presentations

64

EXECUTIVE MEMBER HEALTH AND SOCIAL CARE - PRESENTATION (ITEM NO. 11)

Councillor Janet Burgess, Executive Member Health and Adult Social Care, was present and made a presentation to the Committee, a copy of which is interleaved.

During consideration of the presentation the following main points were made –

- A report on childhood obesity would be produced in the New Year and a copy of the report could be considered by the Committee. Members concurred with this view
- Life expectancy in Islington has increased for both men and women, however men and women resident in Islington spend on average the last 20 years of their life in poor health. Healthy life expectancy for women in Islington is similar to London and England, whilst for men it is significantly lower than London, but similar to England
- Key achievements include – the new integrated early years service, good health visiting services maintained and the Islington Mental Health and Resilience framework in Schools
- Key challenges are – childhood obesity, parental mental health issues, completing the integration of health visiting and early childhood services and health visiting services continue to struggle to recruit qualified Health Visitors
- Key achievements for long term conditions include – reduction in early deaths from heart disease, cancer and respiratory disease and Islington residents are also above the recommended level of physical activity and above England

average and similar to London on healthy weight. The new stop smoking service, Breathe, has been mobilised

- Two programmes with Haringey are being developed, National Diabetes Prevention programme and British Heart Foundation high blood pressure detection and prevention, focus on services in locations and times most specific to hard to reach groups
- The individual placement and support trial is a primary care based employment support service for unemployed people with long term health condition or disability
- Islington has signed up to the Local Government declaration on sugar reduction and healthy food – examples include restricting the sale of sugar sweetened beverages and work is taking place to encourage businesses to sign up to the Healthier Catering commitment
- Key challenges – long term health conditions – Islington has higher needs than other London Boroughs and cancer screening uptake in Islington is lower than the London and England averages and increasing uptake remains a challenge. There remain a significant number of people with undiagnosed COPD, diabetes, heart disease and hypertension
- Key achievements – Mental Health – 5124 people entered IAPT and nearly 50% of those who enter treatment recover after treatment. 3 public health funded mental health promotion services in Islington are now fully mobilised and include free adult and youth mental health first aid training, mental health for managers and mental health awareness training for anyone in the borough
- There continues to be a downward trend in suicide rates
- Challenges and inequalities – mental health and deprivation – factors such as poor housing, unemployment and other causes of deprivation increase the risk of mental illness but are also exacerbated by mental health conditions
- Transformation programmes include substance misuse and sexual health
- The Haringey and Islington Wellbeing partnership continue to work together on health and care system transformation and is committed to taking joint action on obesity and unhealthy food environments. The Partnership are also working on a number of key programmes to improve health and wellbeing outcomes and these include diabetes, cardiovascular disease, children and young people, intermediate care, mental health, learning disabilities, frailty, children and young people and musculoskeletal conditions. Over the next year the two Councils will produce a shared joint strategic needs assessment and a joint health and wellbeing strategy
- Areas of focus for the coming year – addressing the high levels of alcohol related harm in the borough, renewing the approach to health weight in the borough, improving physical health of those with mental health problems, tackling social isolation in vulnerable groups, increasing the number of people with LTC's who are in employment, addressing parental mental health in the early years and building resilience and continuing to work with partners in Haringey on health and care system transformation
- Reference was made to the recent IAPT scrutiny review carried out by the Committee and the Executive Member stated that she would be writing to the Minister for Health to request additional funding to be provided for mental health services
- Reference was made to the introduction of Universal Credit and cuts to disability benefits that would have a detrimental effect on residents health
- The Chair referred to the list of objectives for the forthcoming year and that these should be reduced as there were too many to tackle them all effectively
- In response to a question it was stated that the Council focus is to get people into work and Members stated that it would be useful to get details of the Individual Placement and Support (IPS) trial

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RESOLVED:

- (a) That a report be submitted to the March meeting of the Committee on child obesity
- (b) That the Committee be provided with details of the IPS scheme, as referred to above

65

PERFORMANCE UPDATE (ITEM NO. 12)

Councillor Janet Burgess, Executive Member Health and Adult Social Care was present and outlined the report to the Committee.

During consideration of the report the following main points were made –

- In response to a question it was stated that whilst delayed transfers from hospital has increased, the situation was very good compared to other Local Authorities and Islington were looking to carry out an assessment within 2 hours of care needs when a patient is discharged from hospital

RESOLVED:

That the report be noted

The Chair thanked Councillor Burgess for attending

66

ALCOHOL AND DRUG ABUSE - UPDATE (ITEM NO. 14)

Emma Stubbs, Senior Commissioning Manager and Charlotte Ashton, Consultant in Public Health were present and made a presentation to the Committee, a copy of which is interleaved.

Peter Kane, Divisional Director, Substance Misuse Division, Camden and Islington NHS Foundation Trust and Will Digan, Service User representative, Islington Clients of Drug and Alcohol Services were also present.

During consideration of the report the following main points were made –

- Substance misuse services have been part of a programme of transformation and redesign since 2014 and savings of £2.3 m have been delivered since 2014/15. Public Health Commissioners, as part of the Council's medium term financial plan are committed to finding a further £1.3 m in savings
- By the start of the new contract in 2018/19 the cost of the services will be £4,900,000 per annum and this represents a 23% reduction on the 2017/18 contract values for the adult services in scope
- Services have historically been commissioned via a range of different funding streams and as a result different parts of the service pathway have been designed and commissioned separately and pathways and referral routes into services have been complex and confusing. Service users have faced multiple assessment, handover and case working arrangements
- Due to the need to the current challenges facing local authorities there is a need to ensure that services are operating as effectively as possible, which has been demonstrated through the procurement process
- The procurement process involved extensive consultation with service users, families, health and social care services and residents and there were good levels of interest from providers with 7 bids submitted. Members of the local

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drug and alcohol service user forum (ICDAS) were involved in as much of the procurement process as they wished to participate in, including writing the vision for the new service model

- The Committee noted the service user views on what worked well and what could be improved upon
- The contract was awarded to Camden and Islington NHS Foundation Trust in partnership with Blenheim CDP and Westminster Drug Project, and the new service will be in place by April 2018. Camden and Islington, Westminster Drug Project and Blenheim are a ready made partnership that will put co-production at the heart of services in Islington
- There will be a community focus where local voluntary services will be brought into the substance misuse treatment pathway, and treatment services will be taken out to the community settings and to people's homes
- Community workers will be trained in substance misuse first aid and how to have substance misuse conversations and make every contact count
- There will be a focus on developing a lasting recovery community
- There would be 3 community hubs around the borough
- Members were of the view that it would be useful to get a 12 month report on the progress of the new service
- Patients would be allocated a key worker, however the new service would be raising peer profile and involving the voluntary sector and Westminster Drug Project and Blenheim offer appropriate training
- In terms of success this would mean the service being accessed by more hard to reach groups and people going through the system successfully and where appropriate, getting them into employment
- Reference was made to the fact that it is hoped to obtain qualitative information from service users using the new service and that if the new service is successful it could release pressure on A&E services

RESOLVED:

That the report be noted and a further report on progress of the new service be submitted in 12 months time

67

ANNUAL ADULTS SAFEGUARDING REPORT (ITEM NO. 13)

James Riley, Independent Chair of Safeguarding Board and Elaine Oxley, Head of Safeguarding – L.B.Islington were present and outlined the report to the Committee.

During consideration of the report the following main points were made –

- It was stated that the summary of key achievements were contained in the report, and that financial abuse is one of the most common types of abuse in Islington and a plan has been instituted to raise awareness
- Draft legislation has been published, which proposes replacing Deprivation of Liberty Safeguards with a broader, but less onerous system of Liberty Protection safeguards
- A common issue is neglect
- There are two significant issues going forward – the performance of Camden and Islington NHS Trust and it was stated that an action plan had been put in place to address shortcomings and the results would be known shortly. In addition, two care homes in the borough had caused concern, however action had been taken by the Local Authority and support put in place and the situation is improving

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- In response to a question it was stated that Islington had residents in care establishments outside the borough, however there were good Local Authority networks to alert them of any problems and regular meetings took place
- Reference was made to the fact that with people living at home longer there is a need to tackle isolation, and there is a need for more volunteers and for community nurses/GP's to provide information that would help to identify any safeguarding issues
- It was noted that a Public Awareness event took place each year and this assisted in reaching Hard to Reach groups
- In response to a question it was stated that pressure ulcers were often a sign of neglect and there is a need to make progress on this issue

RESOLVED:

That the report be noted and the social services staff be commended for their commitment to preventing abuse, where possible, and responding to concerns of abuse or neglect of vulnerable Islington residents

The Chair thanked James Riley and Elaine Oxley for attending and their presentation

68

WORK PROGRAMME 2017/18 (ITEM NO. 16)

RESOLVED:

That, subject to the addition of a report on Child Obesity at the March 2018 meeting, the report be noted

69

ADULT SOCIAL CARE LOCAL ACCOUNT (ITEM NO. 15)

Councillor Janet Burgess, Executive Member Health and Adult Social Care was present for discussion of this item and outlined the report.

During consideration of the report the following main points were made –

- It was stated that presentation of the report was a legal requirement and updated the Council on how it is performing compared with other similar boroughs and feedback from surveys of service users and carers

RESOLVED:

That the report and key achievements be noted

MEETING CLOSED AT 10.25 pm

Chair